

HOUSE OF RESTORATION CHURCH, INC.



15 Days of Fast and Prayer

01/02/22 – 01/16/22

CONVOCAATION

Joel 2:15-17 (New American Standard Bible)

“¹⁵Blow a trumpet in Zion,
Consecrate a fast, proclaim a solemn assembly,
¹⁶Gather the people, sanctify the congregation,
Assemble the elders,
Gather the children and the nursing infants
Let the bridegroom come out of his room
And the bride out of her bridal chamber.
¹⁷Let the priests, the LORD'S ministers,
Weep between the porch and the altar...”

PURPOSE

The 15 days of fasting is a time of consecration, surrender, and direction for a new year. It is a marvelous time for our spiritual lives. It is a time to surrender and seek the Lord. It is a time where we give Him the priority of our time in consecration and in our first fruits. This should be a time of maturity and spiritual growth. Our fast should include prayer time where we present the following petitions, requests, and supplications to our Lord.

We've declared this year Time of Miracles. Ask the Lord that this New Year be one that no matter what we see in front of us with our natural eyes, we're going to believe God for greater things for our lives and our families.

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**Church will be open for prayer: Monday- Friday 12:00 – 1:00pm
& Thursday @ 7:00pm**

WORDS FROM PASTOR



Greetings and blessings beloved brethren.

Welcome to 2022. We are in expectancy of what God can and will do this year. We are believing God for a year of Miracles. The scripture we will use is found in Acts 3:6-8. Peter and John were going to the temple to pray and find a beggar. The beggar was expecting money, but they had none. What they had was the power of God and the power of healing.

The question right from the start is What do you have? You do not carry an anointing to benefit or bless you, it is to bless others. As we prepare to see God's mighty hand at work, this is a time to get ready to be used by Him.

Can God count on you to be His mouth and hands to heal and deliver those that need it? You might think you don't have what it takes. but you do. Get ready during this fast to be part of an atmosphere of miracles, not only healing, but all kinds of miracles. I believe in a time of God's miraculous move; will you believe with me?

Word of instruction **always seek your doctor's advice** before any prolonged fast.

At His service,
Bishop Dr. Jeremiah and Rev. Miriam Torres

WHAT YOU CAN EXPECT DURING THE FIRST 3 DAYS:

On your first day of fast please remember:

- Pray and read God's Word; Drink plenty of water
- Stay focus and avoid temptations; Remember your fast and its purpose
- God will give you grace to be triumphant; Listen to worship music as much as possible

Spiritual and Physical Effects:

- Hunger pains, craving of food, sugar, and caffeine
- Headaches may start as your body begins to eliminate toxins

On your second day of fast please remember:

- Drink plenty of water; Spend time reading the Word of God
- Get plenty of rest to conserve energy
- Pray...the second and third day are the most difficult

Spiritual and Physical Effects:

- You will experience a dry tongue; Hunger pains will increase
- Craving for food will intensify for moments
- Your body begins to burn fat for energy in a process called "ketosis"

On your third day of fast please remember:

- Drink plenty of water; Get filled with the Word of God
- Pray for courage and strength
- Usually this is the most difficult day

Spiritual and Physical Effects:

- You will continue to experience a dry tongue
- Hunger pains will increase
- Craving for food will intensify every moment
- The process of "ketosis" is in complete effect
- You will notice weight loss

15 Reasons to pray during our campaign of prayer and fast:

1. **Day 1 – (January 2)** Present yourself before the Lord as a pleasant offering. It's your day of presentation pray for yourself, for your family especially those that don't have God.

Personal Meditation: _____

2. **Day 2 – (January 3)** Prayer for Bishop Jeremiah, Pastor Miriam and Vanessa Marie Torres; Pastor Jeremiah Jr., Pastor Charlene, Adelina Rain, Jeremiah III, and Judah Levi Torres; Pastor Priscila Elisa, Pastor Gabriel Josue, Gabriel Josue Jr., and Elena Ester Diaz. The Pastoral Family needs your prayer, pray that God would help us to do all He is asking of us.

Personal Meditation: _____

3. **Day 3 – (January 4)** Pray for the Elders, Pastor Rosaicela Rodríguez, Saul Mora, Elder Carmen A Santiago. Pray for wisdom and gifts of grace also pray for the finance team: Luz Santiago, Arthur González, Nellie Andrades, Raúl López, Omalyz Cupeles, Evangelio Cruz and Manuel Castro.

Personal Meditation: _____

4. **Day 4 – (January 5)** Prayer for wisdom and knowledge for the Pastors of the house, Pastor Rosaicela Rodríguez, Pastor Samuel Rodríguez, Pastor Noel Casiano, Pastor Yecenia Casiano, Pastor Jeremiah Torres Jr., and Pastor Charlene Torres.

Personal Meditation: _____

5. **Day 5 – (January 6)** Another day to pray for your family.

Personal Meditation: _____

6. **Day 6 – (January 7)** Prayer for all collaborators of the church unity in purpose and unity of the vision, that they may be one as is the trinity.

Personal Meditation: _____

He is our strength

*“I can do all things through Him who gives me strength.”
Philippians 4:13*

Congratulations! You have completed a third part of the fast.

7. **Day 7 – (January 8)** Prayer for ICP International: All the churches under our spiritual covering, for growth and influence. Pray for Bishop, Elders and Supervisors that they would have wisdom.

Personal Meditation: _____

8. **Day 8 – (January 9)** Pray for Pastor Dr. Mizraim Esquilin, Pastor Edith and his family. Also pray for Pastor Hermes Espino and Iris, Pastor Rene Peñalba and Haydee.

Personal Meditation: _____

9. **Day 9 – (January 10)** Pray for the church ministries: Adult, Youth, Children, Prison, Bible School, Nehemiah, Redes, Intercession, Nursery, Security and Praise & Worship.

Personal Meditation: _____

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10. **Day 10 – (January 11)** Another day to pray for your family. Some are finishing 10 days of only water. We bless you today and pray that it has been an awesome experience.

Personal Meditation: _____

11. **Day 11 – (January 12)** Pray for America, the President, Congress, the State of CT. Pray for Governor Ned Lamont, the city of Hartford and its Mayor Luke Bronin, City Council.

Personal Meditation: _____

12. **Day 12 – (January 13)** Pray for healing of finance, cancelation of the temple's debt. Year of prosperity in our finances and cancelation of personal debt.

Personal Meditation: _____

13. **Day 13 – (January 14)** Pray for the sons and daughters of the house: Pastors Neftalí and Raquel Rivera; Pastors Vicente and Carmen De Jesus; Pastors Luis and Madeline Santiago; Pastors Misael and Olga Ramos; Pastor Ivette “Divy” Lopez; and Pastors Juan Narciso and Dora Martinez.

Personal Meditation: _____

The necessity of Self-control

“Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize.”

1 Corinthians 9:24

Don’t give up... You are almost there!

14. **Day 14 – (January 15)** Pray for a year of restoration, salvation of souls, growth, and a passion for the people. Pray for Miracles, signs and wonders.

15. **Day 15 – (January 16)** Day of appreciation and celebration, WE DID IT! God is faithful to do what He has promised.

Personal Meditation: _____

Congratulations! What a victory...You did it!

“I have fought the good fight, I have finished the race, I have kept the faith.” 2 Timothy 4:7

Stay focused and continue to hear His voice.

USEFUL PRINCIPLES TO UNDERSTAND THE FIRST FRUITS

First fruits represent the first thing you receive. By being the first thing, the Bible teaches us that the first fruits belong to God. In the Old Testament we use the model of the first fruits to receive the benefits of the rest of our seed. How you start, will determine how you finish. I pray that this information will help you understand the principles and encourage you to participate in this powerful event.

During the month of January, we will participate in bringing our first fruits. I want you to understand that it is not limited to just January but each time you receive a raise you should bring your first fruits to God. The results will be powerful for you and a testimony to your family.

Principle #1. Do not delay your first fruit, Exodus 22:29

- First fruit is brought at the beginning of the year.

Principle #2. When is the blessing established? Dt. 26:1

- When you have entered the land, God promised you as inheritance. You and I have entered that promised land.

Principle #3. Bring to the house of the Lord, Dt. 26:2 (b)

- It is the place He has chosen.

Principle #4. Present it to the priest, Dt. 26:3

- On this day the Pastors will be present to receive the first fruits from the people.

Principle #5. The priest will place them in the altar. Dt. 26:4

- This symbolizes the acceptance of your offering by someone in spiritual authority.

Principle #6. Give testimony and worship, Dt. 5-19

- It's important to testify and worship. It is to recognize that it's not by human efforts but by God's grace and blessing.

Principle #7. It is Holy Convocation, Numbers 28:26

- This day should be meaningful to you because you make a covenant with a principle that God established to bless you.

“For if the first fruit is holy, the lump is also holy: and if the root be holy, so are the branches.” Romans 11:16

GUIDELINES FOR THE 15 DAYS OF FASTING

Day 1 – 15 Daniel Fast

(or 10 days just water and last 5 days Daniel Fast)

FOODS YOU CAN EAT

Grains: Brown Rice, Oats, Barley, Wheat Bread, Wheat Pasta just chicken, turkey, and fish in the days of soups or a meal.

Legumes: Dried beans, pinto beans, split peas, lentils, black beans

Fruits: Apples, Apricots, Bananas, Blackberries, Blueberries, Boysenberries, Cantaloupe, Cherries, Cranberries, Oats, Ego, Grapefruit, Grapes, Guava, Kiwi, Lemon, Mango, Nectarines, Papayas, Peaches, Pears, Pineapple, Plums, Prunes, Raisins, Raisins, Raspberry, Strawberries, oranges, mandarins, All kinds of Melon

Vegetables: Artichokes, Asparagus, Beets, Broccoli, Brussels sprouts, cabbage, carrots, cauliflower, celery, peppers, corn, cucumbers, eggplant, garlic, ginger, Vegetable, Lettuce, Mushrooms, Green Relish, Onion, Parsley, Potatoes, Radishes, Swedes, chives, Spinach, Pumpkin, Sweet Potato, Tomato, Turnips, Watercress, Yams, Zucchini, Seeds, Nuts, Sprouts

Liquids: Purified Water, Distilled Water, 100% Natural Fruit Juice, 100 % Natural Vegetable Juice

FOODS THAT YOU CAN'T EAT

Red & Pork Meats

White Rice, Fried Foods

Caffeine, Carbonated Water or Drinks (Sparkling Water)

Foods that contain preservatives or additives

Refined Sugar, Sugar Substitutes

Foods containing preservatives or White Flour and all product containing

Margarine, butter and/or fat-containing products

WE URGE YOU TO TAKE ADVANTAGE OF THIS TIME AND MAKE IT A PRIORITY TO BE IN THE PRESENCE OF THE LORD

ORDER OF SERVICES DURING THE 15 DAYS

Monday – Friday

Church will be open for prayer: 12:00pm - 1:00pm

Thursday

Intercessory Prayer: 7:00-8:30 PM

Open to all

Wednesdays

Bible Class: 7:00 PM

Sundays

Prayer: 7:30 AM

Worship Service: 10:00 am

Remember:

Unity Service: Friday, Jan. 14 – (Bilingual) 7:00pm

Worship Service: Friday, Jan. 21 – (Bilingual) 7:00pm

Collaborators Retreat: Saturday, Jan. 18th – 9:00am – 12:00pm

First Fruits Service: Sunday, Jan. 23rd – (Bilingual) 10:00am

❖ DAILY PRAYERS

❖ DAILY READING

❖ ACTS OF MERCY



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